

LUNDI

9:00	GYM	Studio 1
9:45	ZUMBA	Studio 1
12:30	THE TRIP	Vélo
17:30	GYM	Studio 1
17:30	T.R.X	Bootcamp
18:00	YOGA	Studio 3
18:00	CROSSFIT	Crossfit
18:15	C.A.F	Studio 1
18:15	RPM	Vélo
18:15	BOXING	Bootcamp
19:00	JUMP	Bootcamp
19:00	CROSSFIT	Crossfit
19:15	BODY ATTACK	Studio 1
19:15	RPM	Vélo
20:00	CROSSFIT	Crossfit

MARDI

9:00	BODY PUMP	Studio 1
10:00	YOGA	Studio 1
10:00	SPRINT	Vélo
12:30	BODY PUMP	Studio 1
12:30	THE TRIP CINÉMA	Vélo
17:15	PILATES 1	Studio 1
18:00	BODY PUMP	Studio 1
18:15	THE TRIP	Vélo
18:15	T.R.X FTC	Bootcamp
19:00	CROSSFIT	Crossfit
19:00	ZUMBA	Studio 1
19:15	BODY BOXE	Bootcamp
19:15	RPM	Vélo
20:00	BODY BALANCE	Studio 1

MERCREDI

9:00	BODY SCULPT	Studio 1
9:45	BODY BALANCE	Studio 1
12:30	T.R.X FTC	Bootcamp
12:30	THE TRIP CINÉMA	Vélo
17:30	T.B.C	Studio 1
18:15	GYM	Studio 1
18:15	RPM	Vélo
18:15	T.R.X FTC	Bootcamp
18:15	AERO	Studio 3
19:00	CROSSFIT	Crossfit
19:00	ZUMBA	Studio 1
19:00	A.F.S	Studio 3
19:15	JUMP	Bootcamp
19:15	THE TRIP CINÉMA	Vélo

JEUDI

9:00	T.B.C	Studio 1
9:45	A.F.S	Studio 1
12:30	SPRINT	Vélo
17:15	BODY SCULPT	Studio 1
17:30	T.R.X	Bootcamp
18:15	STEP	Studio 1
18:15	SPRINT	Vélo
18:15	BODY BOXE	Bootcamp
18:15	C.A.F	Studio 3
19:00	BODY JAM	Studio 1
19:00	C.A.C	Bootcamp
19:00	HIIT	Crossfit
19:15	RPM	Vélo
19:45	PILATES 2	Studio 1

VENDREDI

9:00	C.A.F	Studio 1
10:00	BODY BALANCE	Studio 1
12:30	RPM	Vélo
12:30	C.A.C	Bootcamp
17:30	C.A.F	Studio 1
18:15	BOXING	Bootcamp
18:15	RPM	Vélo
18:15	ZUMBA	Studio 1
19:00	T.R.X	Bootcamp
19:00	BODY PUMP	Studio 1
19:00	CROSSFIT	Crossfit
19:15	THE TRIP CINÉMA	Vélo

SAMEDI

9:30	BODY PUMP	Studio 1
10:30	BODY ATTACK	Studio 1
11:30	RPM	Vélo

DIMANCHE

10:00	GYM	Studio 1
11:00	THE TRIP	Vélo
11:00	BODY BALANCE	Studio 1

